

## MASKS NO LONGER REQUIRED AT CISSS DE LA CÔTE-NORD FACILITIES

**Baie-Comeau, February 23, 2024** – In light of the reduced circulation of viruses in recent weeks, the wearing of protective masks is no longer mandatory in the facilities of the Centre intégré de santé et de services sociaux (CISSS) de la Côte-Nord.

However, masks must always be worn in certain situations, particularly if someone develops symptoms of infection (fever, cough, sore throat, nausea, vomiting, or diarrhea) or during an outbreak at a CISSS unit or facility. Staff may also ask users to wear a mask when providing certain types of care.

Caregivers and visitors with above-mentioned symptoms of infection should postpone their visit.

Since viruses continue to be present in the community, it is important to continue applying the following measures to reduce transmission:

- In the event of fever, it is best to stay at home.
- Until symptoms disappear, it is best to wear a mask to protect others.
- Hands should be washed frequently with warm water and soap for at least 20 seconds or alternatively with an alcohol-based solution.
- When symptoms are present, it is best to avoid contact with vulnerable people, and inform anyone you may be in contact with.

The CISSS de la Côte-Nord would like to thank the public for their cooperation.

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