

INFO-CISSS

NEWSLETTER FOR EMPLOYEES OF THE CISSS DE LA CÔTE-NORD

Volume 7, Issue 6 | March 25th, 2021

CONFIRMED POSITIVE COVID-19 CASES

March 25th, 2021

North Shore: 359

Québec: 305 435

Canada: 946 370

Invitation from the PED - The Rallye sur la Côte: From April 26 th to June 6 th	1
Memos	2
Postponement of appreciation activities	2
Vaccination of health care workers	2
Support and assistance to employees	3
Disclosure: clarification	3
Conférences populaires en santé	3
BRAVO! Campaign	4
Documentation from the network	5
Information platforms	5

INVITATION FROM THE PED - THE RALLYE SUR LA CÔTE: FROM APRIL 26TH TO JUNE 6TH

Dear staff members,

The Direction de santé publique and I are very pleased to invite you to take part in the **Rallye sur la Côte**. This challenge incorporates several elements that are essential to keep us focused on **a good physical and mental health**. Since my arrival, I have worked to maintain a good work atmosphere and to highlight the importance of appreciation in your daily lives. I am convinced that taking part in the Rallye sur la Côte will contribute to these elements that I hold dear: it is a virtual team-based challenge that encourages you to **eat healthy** and **be more active**.

The challenge will be **launched virtually** in each sector. I invite you to keep an eye on your emails, the intranet, bulletin boards, as well as the Facebook group for employees in the coming days. That is where you will find all the information about the Rallye sur la Côte.

The Rallye will start on **April 26th**, on a new online platform! Do not forget that it is all about participating, improving, and especially having fun!

Claude Lévesque,
Interim PED of the CISSS de la Côte-Nord



Centre intégré
de santé
et de services sociaux
de la Côte-Nord

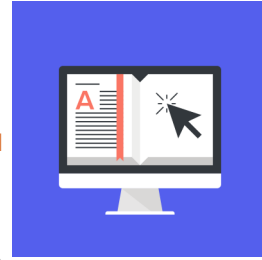
Québec





DOCUMENTARY SEARCH

Did you know that you have access to documentary databases, scientific journals and clinical decision support tools from your computer workstation? [Click here](#) for more details and to access the various databases (French only).



WRITING STANDARDS: ZOOM PRESENTATION ON MARCH 29TH AND 30TH

REMINDER: You are invited to a convivial Zoom presentation on the standards guide for writing notes of the CISSS de la Côte-Nord (the purpose of these standards is to support professionals, both regarding the form of the note and the information that it must contain). All details and the Zoom link for the meetings are available [here \(French only\)](#).

POSTPONEMENT OF APPRECIATION ACTIVITIES

Following the survey launched in December 2020, the Direction des ressources humaines, communications et affaires juridiques (DRHCAJ) has decided **to postpone all appreciation activities for years of service and retirements from all sectors for 2020**. This decision was made considering the unprecedented pandemic context that we are faced with. Moreover, the direction believes that it is important to highlight the devotion and commitment of the workers of the CISSS in person, over a good meal. The establishment really hopes that we will be able to present jubilarians and retired employees with their gift, and hold the activity in its usual form in 2021, for both 2020 and 2021.

If you have questions about this decision, please contact Ms. Nancy Bilodeau by email at nancy.bilodeau.09cisss@ssss.gouv.qc.ca or by telephone at 418 589-2038, ext. 342264.



VACCINATION OF HEALTH CARE WORKERS



Vaccination against COVID-19 is **expanded to more health care workers**. Workers identified as being part of phase 2 of group 2 are now invited to register. In Québec, workers of the health and social services network who are in contact with users are part of priority group 2 for vaccination. This group is divided into two phases.

Here is an extract of the directive of the ministère de la Santé et des Services sociaux that specifies which workers are targeted in the current vaccination phase (you can consult the whole directive in French [here](#)):

Phase 2 - The health care workers prioritized in this phase are those who provide care and services in the following sectors:

- ⇒ Staff members (employees, physicians and interns) of health and social services establishments and the people in charge of IR-FTRs **who were not targeted in phase 1** are included. For example, those who provide services in all clinical missions and programs for all living environments, residential environments and health care settings: employees who provide clinical services in youth, ID-PD, mental health, public health, SAPA and DPJ programs, as well as other clinical services.
- ⇒ Health care professionals (including interns) in **private clinics**, such as dental clinics, psychology clinics, optometry clinics, FMGs, private medical clinics, physiotherapy clinics, pharmacies (including technical staff), hearing care clinics, etc., are included in this phase.
- ⇒ **Community workers** who are in direct contact with high-risk patients, street workers in mental health, homelessness and addiction, for example, are included in this phase.

Please note that health and social services workers from administrative and support sectors, including human resources and financial resources, as well as employees from the maintenance sector, will be vaccinated based on their age, along with the population. The same applies to employees of all directions of the CISSS who do not provide care or services to users.

Consult the [Vaccination against COVID-19](#) section of the website of the CISSS de la Côte-Nord regularly for up-to-date information on the vaccination campaign in the region. You will also find more details on the registration to vaccination clinics for the population.



With its April campaign under the theme “Prenez vos affaires en main”, LifeSpeak will offer you different contents every week. Throughout the month, LifeSpeak experts will guide you through the various steps to follow to improve certain aspects from different areas of your life, such as **your finances**, **your professional life**, **your physical health** and the **maintenance of healthy habits**.

Access LifeSpeak from any computer:
<https://cissscotenord.lifespeak.com> - Group account

- Client name: cissscotenord
- Client password: cisss09



DISCLOSURE: CLARIFICATION

In the last INFO-CISSS, we mentioned that when an accident happens during the provision of services to users, they must be informed of it. The Direction des services multidisciplinaires, qualité, évaluation, performance et éthique (DSMQEPE) would like to clarify a few things:

Home care	Any event that happens in the presence of a professional must be reported. In any other situation, write a note in the file.
Repeated event	Assault between users, self-harm, repetitive falls, runaway, etc. Beforehand: Evaluation of the risk for the user and intervention plan based on that risk. Only report the event if the intervention plan was not respected or if the consequences are different or worse than expected. A note must be made in the user’s file to justify the application of the intervention plan.
Self-medication	The user is under the responsibility of the establishment. Events related to the failure to respect self-medication must be reported (establishment).
Application of control measures	The only events related to control measures that must be reported in the Système d’information sur la sécurité des soins et des services (SISSS) are physical or psychological injuries resulting from the application of control measures (isolation, or physical, mechanical or chemical restraint).
Event with partners	Community pharmacy, paratransit, ambulance, etc. Report the event when it is noticed by the establishment that granted the service contract. The establishment must inform the partner.
Event affecting several users, but for which the potential consequences are unknown	Equipment problem, computer system problem, Health Canada recalls and safety alerts, problem with manufacturers or other suppliers, etc. The MSSS recommends: <ol style="list-style-type: none"> 1) That the event be reported as a high-risk situation and that a single global AH-223-1 form be completed and kept by the risk manager; 2) That a register including the list of potentially affected users (file number) be made in order to ensure the traceability, follow-up and effective management of this event; 3) That an AH-223-1 report form be completed and filed in the record of each user who has suffered consequences from this event.

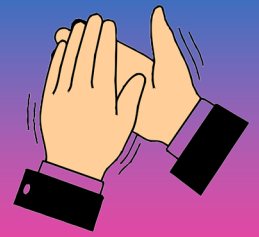
CONFÉRENCES POPULAIRES EN SANTÉ



The Conférences populaires en santé are back, **from April 6th to May 4th**, under the theme of mental health. These conferences, which are presented for a ninth year, promote the sharing of knowledge on health issues. The five conferences of the 2021 edition will be offered in a virtual and interactive format.

[Click here](#) to learn more about the schedule and to register (French only).

BRAVO! Campaign



Send your projects or actions to 09.ciiss.communications@ssss.gouv.qc.ca. You can send your pictures, your achievements, your thanks and your congratulations! Bravo, and thank you for your devotion and creativity!

The Regional Organizational Culture Committee



Vaccination: An impressed user!

Alain Boudreault, a user in Sept-Îles, wanted to congratulate every employee and every team involved in the vaccination campaign. Bravo!

“I have just been vaccinated in Sept-Îles, and I would like to congratulate you for the organization and the implementation of the vaccination campaign. Efficiency, effectiveness and professionalism. Thank you to all your teams!”



Thank you to Véronique Lanoue!

“On Thursday March 18th, Ariane and I, nutritionists, have spent the day with Véronique Lanoue, nursing advisor, to receive the injector practical training. We want to say a big “THANK YOU” to Véronique for her hospitality, her professionalism, her motivation, her respect, her patience and her support during this day of training. We enjoyed our day, and we are very happy to be able to help the population during this pandemic. Véronique has made a difference in our professional experience, THANK YOU ++.”

Diane Sonier, Pdt, and Ariane Desrosiers, Pdt
Dieticians-nutritionists at the Direction de santé publique



A huge thank you for the support provided in the organization of vaccination clinics

Thank you to **Sandra Morin** and her team for the intensive recruitment related to vaccination in the past few months. Over 50 people with various job titles (dental hygienist, pharmacist, medical laboratory technologist, nurse, HCA, etc.) have been hired or rehired.

A big thank you to **Catherine Guay** and her team for their support to the injector training in the field. To this day, over 170 people have been trained as evaluators or injectors, and others are waiting to be trained.

Thank you also to **Amélie Bouchard** and her team, who ensure that the staff required to run the vaccination clinics is confirmed and in position based on the vaccination schedules.

In closing, thank you to **Marlène Joseph-Blais** and her team for their great management of all communications to our population and employees... Your work deserves to be recognized, and I want to thank you very much.

Nathalie Castilloux, Interim assistant executive director



Toussez dans votre coude



Lavez vos mains



Gardez vos distances



Couvrez votre visage (si moins de 2 mètres)



Limitez vos déplacements

Québec.ca/coronavirus

SELF-CARE GUIDE

- [COVID-19 Self-Care Guide](#)
 - * [Self-Care guide in the American Sign Language](#)

YOUTH PROTECTION

- [Together, let's protect our children](#)

MENTAL HEALTH, ADDICTIONS AND HOMELESSNESS

- [Stress, Anxiety and Depression Associated With the Coronavirus COVID-19 Disease](#)
- [My child is worried about the pandemic](#)
- [I am in bereavement for one or more people who lost their lives in the pandemic](#)
- [How children and teens experience bereavement](#)
- [Advice and preventive measures for drug users and the homeless](#)
- [Safer substance use in the context of the COVID-19 pandemic \(French only\)](#)
- [Toolkit on the identification of people at risk of psychosocial vulnerability \(French only\)](#)

PROTOCOLS AND INSTRUCTIONS (CONTINUOUSLY UPDATED)

- www.inspq.qc.ca/en
- [Specific clinical instructions for emergency departments \(French only\)](#)
- [Triage tool for users before an appointment](#)
- [Ministerial pre-hospital protocol \(French only\)](#)
- [IPC champions \(French only\)](#)

COMMUNICATIONS IN THE INNU LANGUAGE AND INFORMATION FOR INDIGENOUS PEOPLE

- [Staying at home means saving lives!](#)
- [Staying at home - 5 measures](#)
- [Keep your distance](#)
- [Information for Indigenous communities](#)
- [Public health instructions for entries on the North Shore](#)

FREQUENTLY ASKED QUESTIONS

- [Answers to questions about COVID-19](#)
- [Wearing a Face Covering in Public Settings](#)

SUPPORT AND ASSISTANCE TO EMPLOYEES

- [Morneau Shepell and LifeSpeak \(French only\)](#)

INFORMATION PLATFORMS

Website of the Government of Québec

COVID-19 section for the public: <https://www.quebec.ca/en/health/health-issues/a-z/2019-coronavirus/>

Website of the MSSS

COVID-19 section for health and social service professionals (French only): <https://www.msss.gouv.qc.ca/professionnels/maladies-infectieuses/coronavirus-2019-ncov/>

Website of the CISSS de la Côte-Nord

For more information on COVID-19 in the region: <http://www.cisss-cotenord.gouv.qc.ca/en/public-health/covid-19/>

Intranet

To learn more about the various actions underway at the CISSS de la Côte-Nord, the current recommendations, and the implemented directives and instructions (French only): <http://ci:ssscotenord.intranet.reg09.rtss.qc.ca/directions/soins-infirmiers/prevention-et-controle-des-infections-pci/coronavirus/>



You have comments or text suggestions for the INFO-CISSS?

Contact the Communications department (09.ci:sss.communications@ssss.gouv.qc.ca)

Next publication: mid-April 2021



Centre intégré de santé et de services sociaux de la Côte-Nord



ci:sss_cotenord

Programme d'aide aux employés et à la famille
1 800 361-2433

LIFESPEAK



MORNEAU SHEPELL

