

INFO-CISSS

NEWSLETTER FOR EMPLOYEES OF THE CISSS DE LA CÔTE-NORD

Volume 7, Issue 14 | October 1, 2021



Do you have comments or text suggestions for the INFO-CISSS?

Contact the Communications department:

09.ciasss.communications@ssss.gouv.qc.ca

Next issue: October 14th

The first ever **National Day for Truth and Reconciliation** was held this week, on September 30, 2021. The CISSS de la Côte-Nord encourages you to take advantage of this opportunity to learn about First Nations history and residential schools.

-> [Assembly of First Nations Quebec-Labrador](#)

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CALLING ALL EMPLOYEES: GIFT BASKETS

J'AI LE DON
DE SEMER
L'ESPOIR

Do you have the skills to go out and get **sponsorships**? Or perhaps you want to give a **gift**? Or do you have a **hidden talent** (knitting, sewing, DIY, handicrafts, painting, jewelry-making, Christmas cards, etc.) and you would like to help the less fortunate in our region? The Regional Committee of the 2021 Entraide Campaign wishes to **have a free raffle for one or several gift baskets among our donors** from the region who will have contributed through the paper form or the Web application DONNA! **Contact your artisans!** (see the list on page 4).

Make your donation no later than October 15th, 2021! Note that the name of the artisan will be inscribed on the creation or the gift offered. The sponsors' names could also be publicized on different CISSS platforms.

Centre intégré
de santé
et de services sociaux
de la Côte-Nord

Québec



LIFESPEAK'S FALL CAMPAIGN



For its fall campaign, LifeSpeak invites you to [master your mental health!](#)

The experts on the platform will address **your personal health** the first week of the campaign and then discuss **the mental health of members of your family**. If you are looking for practical strategies and advice to manage situations with a child, a parent or a partner, look no further. Finally, **the third week will be devoted to our workplaces**, which have undergone significant changes in the last year. Many of us went from suitable offices to less suitable bedrooms and kitchens. We gave up lunches with colleagues and spent countless hours in front of screens.

Download the application or access it [online](#).

Client name: cissscotenord

Password: cisss09



IPC: BREAKING THE CHAIN OF TRANSMISSION

In the context of the pandemic, **several basic practice measures have been reinforced** such as hand hygiene, wearing masks, disinfecting equipment and respect for isolation measures. While these measures existed before, their application was, unfortunately, variable. In the last year and a half, the effectiveness of infection prevention control (IPC) through rigorous application of these practices has demonstrated its impact on the transmission of infections as **the number of outbreaks has decreased in each of our facilities**, such as gastroenteritis outbreaks.

We have also found, over the years, **a link between the relaxation of the most important practices** such as handwashing and cleaning of equipment between each user **and an increase in the transmission of nosocomial infections**. In concrete terms, we can say that of the six outbreaks of carbapenemase-producing Enterobacteriaceae reported in our establishment, four occurred in the summer when compliance rates fell drastically (below 50%). In contrast, **a rigorous application of IPC measures can break the chain of transmission** and results in no outbreaks or a drastic decrease in the number of cases as well as a decrease in the duration of outbreaks.

In short, infection prevention must be a part of a strong organizational culture supported by all stakeholders and applied by each of us. The safety of our users and employees depends on it.

Thanks to everyone for your enormous contribution and thanks for making a difference! ***“Alone we go faster, together we go further.”***

Nathalie Landry, executive infection prevention and control advisor



Join our [private employee Facebook group \(Personnel du CISSS de la Côte-Nord\)](#) if you have not already!

You will find relevant information related to your work, exclusive content, videos, raffles and more!

The CISSS de la Côte-Nord is also on [Instagram](#), [LinkedIn](#) and [YouTube!](#)

MICROSOFT TOOLS: CAPSULE NO. 1

Microsoft Office 365 (M365) collaboration tools are many and offer a host of features to meet your needs, whether it is storing or sharing files, creating teams, holding or recording meetings and training, etc.

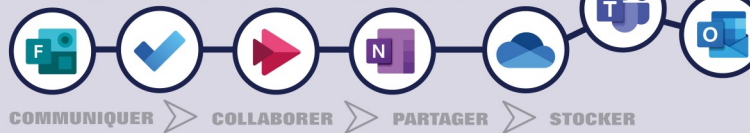
Outlook is the mailbox used throughout the health and social services network. When you use your CISSS email account, make sure you do not miss any information sent to you by the organization. Be sure to set up automatic out-of-office replies when you are not available: see the [tip for out-of-office messages in Outlook and Teams](#).

Teams allows you to hold audio and video meetings. If you would like to have a **call bridge** as an organizer of meetings, consult this [guidance document](#) to find out what is available to you. If you would like someone outside the network to have a **guest account** (for user who do not have a network email ending in @ssss.gouv.qc.ca), send a request to the Service Centre of the Direction des ressources informationnelles (DRI).

To be part of the CISSSCN – Communauté Teams – TM team, use this code: **3kqtpvp**. You can join the team automatically, without prior approval. You will be informed of the latest news and can present your questions, and an M365 champion will be able to help you.

To learn more about M365 tools, see [Microsoft 365 in the SharePoint of the DRI](#). You can also go to the [Training SharePoint du MSSS](#) for help with using different tools. If you have difficulty with one or more of Microsoft Office tools, send a request to the Service Centre.

OUTILS MICROSOFT 0365



ARE YOU THE ONE?

The **Université Laval** is **seeking testimonials from healthcare professionals** (audiologists, occupational therapists, speech-language pathologists, physiotherapists, physicians, neuropsychologists, etc.) practicing with Indigenous / First Nations populations on the North Shore.

It is part of a project developed by the faculty of medicine at Université Laval and **aims to train tomorrow's professionals, to be sensitive to the reality and needs of rehabilitation practices in the region.**

Participation involves the recording of a short video testimonial of about 20 minutes on the challenges and particularities of practicing with Indigenous / First Nations populations in the region.

Financial compensation is provided. Those interested can contact the project leaders at this email address: maximiliano.wilson@fmed.ulaval.ca.



Faculté de médecine

CONGRATULATIONS TO DR. OLIVIER MAILLOUX!

In recognition of his leadership in improving surgical services and training in Baie-Comeau, Doctor Olivier Mailloux received the Award for Early-Career Leadership from the Royal College of Physicians and Surgeons of Canada in the category “Professional practice and patient care”. Among other things, he established a bariatric surgery program in the region. He also focused on increasing the services offered onsite by training in complex hernia repair and advanced laparoscopy, not to mention the close ties he forged with Université Laval. Congratulations!





2021 ENTRAIDE CAMPAIGN

The 2021 Entraide campaign will take place this year **from October 18th to November 5th**. The CISSS de la Côte-Nord participates in this campaign, which, let us recall, financially supports the region's two United Way, the Canadian Red Cross and HealthPartners-Québec.

Every dollar raised contributes toward the improvement, continuity and stability of the services offered to people in vulnerable situations in our region. **A contribution at the source is a win-win!** For example, a \$2 deduction per paycheck enables Red Cross volunteers to support parents and children whose homes and keepsakes have gone up in smoke.

Two ways to contribute:

- ⇒ Subscribe **online** with DONNA Web solution: [Click here!](#) A simple solution, safe and free of manipulation!
- ⇒ OR use the **paper form** if you prefer. To this end, please contact your local artisans (see below) to obtain the paper form.

If you **have not received your ID number by October 18th** by email (from the Entraide secretariat) to make a source contribution (payroll) through DONNA, contact Hélène Bérubé at 418 589-9845, extension 252284, or Nancy Bilodeau at extension 342264.

Watch for local launches in your area!

Great things come in tiny packages! Committed CISSS employees (and their teams) are volunteering their time as artisans. They can help you sign up online and answer your questions about the campaign in your respective community:

- Caroline Jean and Élyse Perron (Haute-Côte-Nord)
- Karine Bujold (Baie-Comeau, Hôpital Le Royer)
- Hélène Martel and Nancy Bilodeau (Baie-Comeau - administrative centre)
- Marie-Hélène Fournier (Baie-Comeau and area - CLSC)
- Marc Boulay (Baie-Comeau - 1250, Lestrat)
- Linda Boudreau (Port-Cartier)
- Joëlle Gagné and Jean-Christophe Beaulieu (Sept-Îles)
- Denis Tremblay (Minganie)
- Constance Monger and Ashley Babin-Duguay (Lower North Shore)
- Jasmine Collard and Josiane Rioux (Fermont)

Port-Cartier take the lead!

The Port-Cartier committee is among those that have already started fundraising activities. The committee asked local merchants as well as employees to organize a hotdog lunch for the gear up to fall. Police officers, paramedics, firefighters and employees of the ministère des Transports were invited. For this activity, a draw for a stand-up paddleboard, generously donated by Atmosphère - Sports Experts, took place. A great activity for socializing with colleagues and network partners **while raising \$1814. Well done!**

and network partners **while raising \$1814. Well done!**



MANDATORY VACCINATION AS OF OCTOBER 15TH

As of October 15th, all health and social service workers, whether or not they have direct contact with users, must be adequately protected against COVID-19, as indicated in [Order in Council 1276-2021](#). If you have any questions regarding this Order in Council, we suggest you speak to your manager.

You always have the option of being vaccinated if you wish. For an appointment, contact 1 877 644-4545 or consult the Clic Santé portal:

<https://portal3.clicsante.ca/>.

Vaccination clinics with or without appointments [are organized regularly throughout the North Shore](#).

For any questions about vaccination (safety and effectiveness of the vaccine), write to the following email address: 09vaccinationcovid@ssss.gouv.qc.ca.



Do you have concerns about the safety and effectiveness of the vaccines against COVID-19? [Click here](#) to see these INSPQ factsheets.

\$10 000 DONATED TO THE PEDIATRICS DEPARTMENT IN SEPT-ÎLES!



This year the pediatrics department of the Hôpital de Sept-Îles received the record amount of \$10 000 from Grand McDon 2021.

“Thanks to this contribution, the pediatrics department of the Hôpital de Sept-Îles will have the chance to improve its future projects”, said Guy Couture, Director of administration and development at the Fondation.

BRAVO! Campaign

Send your projects or actions to 09.ciss.communications@ssss.gouv.qc.ca.

You can send your pictures, your achievements, your thanks and congratulations!

Bravo, and thank you for your devotion and creativity!



The Regional Organizational Culture Committee

All hands on deck!

The team from the COVID-19 screening centre in Les Escoumins had the opportunity to get out on the St. Lawrence to do testing on cargo ships. This was their 7th time since April! Bravo!

Pictured: **Paule Richard-Létourneau, Mélanie Gagnon and Stéphane Sergerie.**

Véronique Hamel, nutritionist



BRAVO! Campaign



A more than appreciated talent

At the Port-Cartier facility, **Maeva Moreau** had a student job at the DI-TSA-DP program (department of physiotherapy and occupational therapy) for a second consecutive summer. With her incredible artistic skills and many hours of work, she was able to beautify the social pediatrics rehabilitation room. The clientele will surely be delighted to receive services in such a beautiful place. Hats off to you, Maeva, for your wonderful work!

Magalie Dionne, psychoeducator

Acadian Day celebrations at CHSLD de Havre-Saint-Pierre

In August, the CHSLD de Havre-Saint-Pierre held Acadian Day celebrations. Almost all the residents were able to participate in two BBQs and listen to musical performances.

As a prelude to the event, many were involved in making decorations and maracas in preparation for the Tintamarre that circulated in the village on August 15th. This was followed by an outdoor BBQ for residents of the hospital (Résidence Irène Bélanger) accompanied by a group of musicians on August 17th. Finally, the residents of the Foyer enjoyed a music show with Éric Guay and an outdoor BBQ on August 18th.

Photo: Ms. Causette Tanguay



Special mention to Valérie Duguay

A special mention goes to Valérie Duguay, assistant to the immediate supervisor (AIS) in hospitalization in Sept-Îles. She has been a real pillar for her entire team. She demonstrates tremendous professionalism and is always focused on the patient and the family. Her unwavering calm stabilizes the entire department. She fully assumes her role as an AIS and is always willing to collaborate with different stakeholders. Thanks for your involvement!

From the team of the Direction des soins infirmiers

Thanks to the entire hemodialysis team at the Hôpital de Sept-Îles!



We would like to take a moment to underline the special attention provided by this team over the summer, to enable our dad, Jean-Louis Dubé, former resident of Sept-Îles, to visit his children, grandchildren and friends. We had a wonderful time thanks to you. We are eternally grateful. The dream of seeing our dad again in Sept-Îles, hugging him and comforting him in these pandemic times finally became a reality! Without your contribution, this would never have been possible.

Caroline Dubé, IR/FTR user service quality worker