

THE CISSS DE LA CÔTE-NORD REMINDS THE IMPORTANCE OF FOLLOWING THE INSTRUCTIONS CONCERNING VISITS IN CARE SETTINGS

Baie-Comeau, November 19th, 2018 – In order to prevent the transmission of infections in hospitals, the Centre intégré de santé et de services sociaux (CISSS) de la Côte-Nord asks the population to follow the instructions concerning the visiting hours for hospitalized persons as well as the number of authorized visitors. For the protection of users and visitors, it is also important to wash your hands upon entering and leaving the room.

In addition to preventing infections, following these instructions also aims at the recovery of the hospitalized person, who needs quietness, while allowing physicians and other health professionals to provide efficient, safe and quality care and services.

Moreover, no one showing signs of cough, fever or diarrhea should visit a loved one in the hospital or CHSLD. If the visit is required for humanitarian reasons, you must ensure to respect the hygiene measures in force, such as wearing a mask.

It should be noted that certain situations might involve additional precautionary measures, notably in the presence of flu, gastroenteritis and certain bacteria (e.g.: *Clostridium difficile*), some of which, called multiple resistant bacteria, do not necessarily show symptoms. In these cases, visitors are invited to follow the specific measures in order to protect themselves, to protect hospitalized persons, and to avoid the spread of these infections.

The instructions concerning visits are posted in the different facilities of the CISSS de la Côte-Nord. You may also consult them by visiting the website of the CISSS at: <http://www.ciass-cotenord.gouv.qc.ca/soins-et-services/heures-de-visites/>.

The CISSS de la Côte-Nord would like to thank the population for its cooperation.

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