

THE CISSS DE LA CÔTE-NORD UNDERTAKES A CONSULTATION WITH THE LOCAL SENIORS' TABLES OF THE WHOLE REGION

Havre-Saint-Pierre, November 28th, 2018 – The Centre intégré de santé et de services sociaux (CISSS) de la Côte-Nord starts a series of consultation with the local seniors' tables today in Minganie in order to choose a project from this milieu. Each project will have to meet the expectations expressed by the seniors and promote the maintenance of seniors in the community. All territories will be visited by the Direction du programme de soutien à l'autonomie des personnes âgées of the CISSS in the coming months.

The CISSS chose to start in Minganie, because a wide public consultation was held in the fall of 2017 with a hundred people from all localities. The purpose of this consultation was to determine the current and future needs of seniors and to identify courses of action to provide services taking the reality of the milieu into consideration.

Results of the consultation

One of the main findings of the consultation in Minganie was that the people encountered mostly want to live at home as long as possible, provided they are able to go about their business safely. Most of them own their own home and want to continue living in their municipality, given their strong sense of attachment with it. The few people who would want to live elsewhere often come from outside Minganie.

As for housing resources, several participants would like to live in a residence for autonomous seniors located in their village or in an apartment or a room large enough to have a small kitchen and a space to receive visitors.

You can consult the complete report by visiting the website of the CISSS de la Côte-Nord at www.cisss-cotenord.gouv.qc.ca.

- 30 -

Source: Myriam Gagné
Information agent
Centre intégré de santé et de services sociaux de la Côte-Nord
418 589-9845, ext. 252281

Pascal Paradis
Communication advisor
Centre intégré de santé et de services sociaux de la Côte-Nord
418 589-9845, ext. 252268