

DURING THE HOLIDAY SEASON, FOLLOW THE INSTRUCTIONS CONCERNING VISITS IN CARE SETTINGS

Baie-Comeau, December 19th, 2019 – With the arrival of the holiday season, the Centre intégré de santé et de services sociaux (CISSS) de la Côte-Nord asks the population to pay special attention to the instructions to follow during visits in care settings, notably the visiting hours for hospitalized persons as well as the number of authorized visitors.

It is also very important to wash your hands in order to prevent the transmission of infections. Every year, various outbreaks (e.g.: flu, gastroenteritis) are reported in our care settings. Hand washing upon entering and leaving the establishment is essential in order to avoid the spread of infections. Washing your hands upon entering and leaving the room of a hospitalized user is also important. **It is your responsibility to take this simple action to protect yourself and others.**

Moreover, no one showing signs of cough, fever or diarrhea should visit a loved one in the hospital or CHSLD. If the visit is required for humanitarian reasons, you must ensure to wash your hands and to respect the hygiene measures in force, such as wearing a mask.

It should be noted that certain situations might involve additional precautionary measures, such as the isolation of users. In these cases, visitors are invited to follow the specific measures in order to protect themselves, to protect hospitalized persons, and to avoid the spread of these infections.

The instructions concerning visits are posted in the different facilities of the CISSS de la Côte-Nord. You may also consult them by visiting the website of the CISSS at: <http://www.ciass-cotenord.gouv.qc.ca/soins-et-services/heures-de-visites/>.

The CISSS de la Côte-Nord would like to thank the population for its cooperation.

- 30 -

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