

Press release

COVID-19 TESTING CENTRES IN SEPT-ÎLES AND BAIE-COMEAU OPEN TODAY

Baie-Comeau, March 19th, 2020 – The Centre intégré de santé et de services sociaux (CISSS) de la Côte-Nord wants to inform the population of the opening of two COVID-19 testing centres, located at the Aréna Guy Charbonneau in Sept-Îles and at the Centre Henry-Leonard in Baie-Comeau.

Anyone who has questions about COVID-19, including those who want to make an appointment for testing, must call the INFO-COVID line at 1 877 644-4545. If you need to be tested, the professionals answering at the INFO-COVID line will guide you through the steps to make an appointment in one of the two testing centres, or in one of the other facilities where testing can be done.

Opening of the testing centres in Baie-Comeau and Sept-Îles

The testing centres will be open from 1 p.m. to 5 p.m. today. Starting on Friday, March 20th, they will be open from 9 a.m. to noon and from 1 p.m. to 5 p.m., 7 days per week, until further notice.

Do you have to be tested?

COVID-19's primary symptoms are a cough, fever, and sometimes, breathing difficulty. Symptoms can be mild (similar to those of a cold) or more severe (like those associated with pneumonia, pulmonary insufficiency or renal failure).

It is not recommended that persons be tested systematically if showing signs of respiratory infection: if a person shows symptoms linked to COVID-19, they must first contact the INFO-COVID line at 1 877 644-4545 to find out if testing is recommended. If it is, an appointment will be made. We ask that people do NOT go to the emergency department for mild symptoms and a fever that does not reach the point of requiring a consultation.

Instructions to follow at the testing centre

- You must go to the testing centre or the designated facility <u>only if you have an appointment</u>. You cannot
 enter the testing centre without an appointment (do not come with someone who does not have an
 appointment).
- You must be inside of a vehicle.
- From the moment you arrive, until you leave, you will be guided by the team at the CISSS de la Côte-Nord.
- When you get to the parking lot, you must stay inside your vehicle and follow the instructions of the healthcare workers present.

The CISSS de la Côte-Nord will give more information, if needed, if this situation changes.

Thank you for your collaboration.

For any question regarding COVID-19, and to make an appointment for testing: 1 877 644-4545.

If you have questions or comments about the regional actions taken regarding COVID-19: http://www.cisss-cotenord.gouv.qc.ca/sante-publique/covid-19/questions-ou-commentaires/

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