## Press release

## NEW CASES OF COVID-19 ON THE NORTH SHORE

**Baie-Comeau, March 27<sup>th</sup>, 2020** – The Centre intégré de santé et de services sociaux (CISSS) de la Côte-Nord wants to announce the confirmation of three new positive cases, bringing the total number of cases on the territory to six.

All these people are currently in isolation. Epidemiological surveys are in progress to communicate with those most likely to have been in contact with the different persons infected by COVID-19.

## Importance of following measures in place

We want to remind you that it is important to take all the measures necessary to limit the spread of the virus, which will protect the population. A special attention must be given to the elderly, particularly those of 70 years and older, because they are more at risk of complications.

- If you have concerns regarding COVID-19, or if you show symptoms such as cough or fever, you can call this toll-free number: **1 877 644-4545**.
- If you show fever or cough, stay in isolation at home.
- If you came back from travel abroad, starting on March 12<sup>th</sup>, 2020, stay at home in isolation for 14 days, even if you have no symptoms.
- Follow the instructions and do not visit your relatives who are over 70 years old.
- Hygiene measures, such as washing your hands for 20 seconds and coughing in you sleeve, represent the best ways of protecting yourself, and your relatives, against infections.

The CISSS de la Côte-Nord wishes to thank the population for their participation and wants to remind everyone of the importance of respecting the ban on gatherings, and the isolation and social distancing measures recommended by the government of Québec.

For more information about COVID-19, visit the <u>https://www.quebec.ca/coronavirus</u> or the official CISSS de la Côte-Nord website: <u>http://www.cisss-cotenord.gouv.gc.ca/en/public-health/covid-19/</u>.

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Source: Pascal Paradis Communications advisor Centre intégré de santé et de services sociaux de la Côte-Nord 418 589-9845, ext. 252268