

## COVID-19: PRECAUTIONS FOR MOTHER'S DAY AND DURING HOSPITALIZATION

**Baie-Comeau, May 8<sup>th</sup>, 2020** – The Centre intégré de santé et de services sociaux (CISSS) de la Côte-Nord wants to inform the population of certain recommendations regarding Mother's Day, as well as regarding hospitalization.

In the context of the current pandemic, it is possible to have a Mother's Day gift delivered to a relative who is staying in a living environment for seniors (CHSLD, intermediate resource, family-type resource, seniors' residence), with certain precautions. A gift brought for a resident will need to be handed at the main entrance of the facility. Furthermore, in order to reduce the risks of spreading infections, the employees must be able to disinfect the gifts, so gifts with flat surfaces are recommended (a box of chocolates or a homemade meal stored in a container that can be disinfected, for example).

While it is possible to send flowers, it is not recommended, due to the difficulty to disinfect them. If flowers are delivered, they must be left at the entrance, in packaging. Then, on site, they must be placed in a pot or a vase and the packaging must be safely discarded (in a closed garbage can).

Let us also mention that visits are still prohibited in all facilities of the CISSS de la Côte-Nord until further notice.

Despite the gradual relaxation of the confinement measures, the CISSS de la Côte-Nord wants to remind the population of the North Shore that all gatherings are still prohibited. The two-metre physical distancing rule must still be followed.

### **Limitation of personal effects when hospitalized**

On a similar note, we want to inform you of additional precautions regarding the personal effects of people who must be hospitalized, in order to prevent the spread of COVID-19 to users and employees.

We therefore request that users reduce the personal effects they bring with them (including electronic devices) to an absolute minimum. As a reference, the maximum size allowed is approximately that of a carry-on bag you would have with you on a flight.

Our collective actions can help limit the spread of COVID-19!

For general information, visit <http://www.cisss-cotenord.gouv.qc.ca/en/public-health/covid-19/public-information/> or <https://www.quebec.ca/en/coronavirus>.

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Source: Pascal Paradis  
Communications advisor  
Centre intégré de santé et de services sociaux de la Côte-Nord  
418 589-9845, ext. 252268