

## NEW MEASURES TO FOLLOW DURING HOSPITAL APPOINTMENTS

**Baie-Comeau, May 25<sup>th</sup>, 2020** – In the context of the COVID-19 pandemic, the Centre intégré de santé et de services sociaux (CISSS) de la Côte-Nord implements certain instructions to be followed by users who visit a hospital in the region for an appointment:

1. First, **wearing a homemade face covering is strongly recommended** during hospital visits. However, you will still have access to the services if you do not wear one. Children from the age of two can wear a face covering. However, it is best not to have your child wear a mask if they always touch their face or the mask itself. The CISSS de la Côte-Nord will provide a mask to users aged 70 and over, immunosuppressed users, and users coming in for a consultation or an examination during which there is close contact with the professional, for a hemodialysis treatment and for an examination requiring the use of a treadmill.
2. Users must wash their hands as soon as they arrive. An employee at the entrance will then tell you what to do to go to your appointment. If you have a cough, fever, breathing difficulties and/or a sore throat, you must absolutely tell it to the member of staff at the entrance, who will inform the clinic of your symptoms.
3. Users must then go directly to their appointment, without any detour at the washroom (if possible).
4. In facilities with elevators, please follow the instructions to go to the elevator corresponding to your situation.
5. If you have to stay in the waiting room before your appointment, it is important to follow the instructions on the seats to make sure you respect physical distancing.
6. Users must wash their hands once again before entering the office or the examination room.
7. Once the appointment is over, users must go directly to the exit and wash their hands one last time before leaving the hospital.

Our collective actions can help limit the spread of COVID-19.

### About COVID-19

If you are worried about COVID-19 or if you show symptoms such as fever, cough or breathing difficulties, you can call **1 877 644-4545**, toll-free. For more information: <https://www.quebec.ca/en/coronavirus>. You can also get more information specific to the region on the website of the CISSS de la Côte-Nord: <http://www.cisss-cotenord.gouv.qc.ca/en/public-health/covid-19/>.

- 30 -

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