

VISITS AUTHORIZED IN CHSLD, PSR AND IR-FTR FOR SENIORS

Baie-Comeau, June 22nd, 2020 – The Centre intégré de santé et de services sociaux (CISSS) de la Côte-Nord announces that visits in residential and long-term care centres (CHSLD), private seniors' residences (PSR), intermediate resources (IR) and family-type resources (FTR) for seniors are now authorized. Visits in hospitals will be authorized starting on June 26th, 2020.

Visitors **will not be allowed** to enter the facility if:

- There is an outbreak in the environment;
- They have COVID-19 or they have been in close contact with a person who has COVID-19;
- They are waiting for the result of a COVID-19 test;
- They are in isolation;
- They have one of the following symptoms:
 - Body temperature over 38 °C or shivers;
 - Recent cough or exacerbated chronic cough;
 - Breathing difficulties;
 - Loss of smell without nasal congestion, with or without loss of taste;
 - Global muscle pain (not related to physical effort);
 - Severe fatigue;
 - Important loss of appetite;
 - Sore throat;
 - Diarrhea or vomiting.

A caregiver or visitor who wishes to have a screening test can request it.

Instructions to follow

Due to the COVID-19 pandemic, measures are put in place to ensure the safety of users, visitors and employees. Visitors (including volunteers, escorts and caregivers) must:

- Perform hand hygiene when entering and leaving the facility, and when entering and leaving the user's room;
- Correctly wear a procedure mask as soon as they enter the CHSLD, and keep it on for the whole visit;
- Adequately use the personal protective equipment (PPE);
- Go directly to the room of the person they are visiting;
- Stay two metres away from employees and users (including users they are visiting);
- Limit the transfer of objects from one place to another, for example, from their home to the CHSLD (clothes, handbags, lunch bag, documents, etc.);
- Visit with clean clothes, change clothes when they return home and wash these clothes (regular wash).

Maximum number of visitors for a user

- In IR-FTRs for seniors of 10 residents or less: a maximum of 10 people (caregivers or visitors) from three different households can visit a user while following the two-metre distancing rule.
- In IR-FTRs for seniors of 10 residents or more: a maximum of two people (caregivers or visitors) from a single household can visit a user while following the two-metre distancing rule.

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- In PSRs: a maximum of 10 people (caregivers or visitors) from three different households can visit a user while following the two-metre distancing rule.

These measures are subject to change if an outbreak occurs in a facility.

Hospitals

When visits into hospitals are allowed again, on June 26th, the authorization criteria and the instructions will be the same as those detailed for visits into living environments (CHSLD, PSR, IR-FTR).

Until June 26th, only caregivers and escorts are allowed in hospitals. For more information, call before coming into the hospital:

- Hôpital Le Royer in Baie-Comeau: 418 589-3701, ext. 302632
- Hôpital de Sept-Îles: 418 961-8430
- Centre multiservices de santé et de services sociaux de Blanc-Sablon: 418 461-2144, ext. 611444
- All other facilities: dial 0 to speak to the receptionist

We want to thank the population for its understanding and its collaboration.

About COVID-19

If you are worried about COVID-19 or if you show symptoms such as fever, cough or breathing difficulties, you can call **1 877 644-4545**, toll-free. For more information: <https://www.quebec.ca/en/coronavirus>. You can also get more information specific to the region on the website of the CISSS de la Côte-Nord: <http://www.cisss-cotenord.gouv.qc.ca/en/public-health/covid-19/>.

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