

VISITS IN THE FACILITIES OF THE CISSS DE LA CÔTE-NORD

Baie-Comeau, January 16th, 2021 – Because of the maximum alert level (red) in force across the province of Québec, the Centre intégré de santé et de services sociaux (CISSS) de la Côte-Nord wants to inform the population that visits in its facilities (hospitals, CHSLDs and other living environments) are still allowed, under certain conditions: one known family caregiver per day, and a maximum of two different family caregivers may be identified by the user or resident to have access to the living environment while the confinement period is active. This directive may vary in hospitals, depending on the activity sectors. For more information: https://publications.msss.gouv.qc.ca/msss/fichiers/directives-covid/dgaumip-001-rev1_details.pdf (French only).

Visitors **will not be authorized** in the facility if they:

- Have been in close contact with a confirmed COVID-19 case;
- Are waiting for a COVID-19 test result;
- Have one of the following symptoms:
 - Temperature over 38 °C / shivers;
 - Recent cough or exacerbated chronic cough;
 - Breathing difficulties;
 - Loss of smell without nasal congestion, with or without loss of taste;
 - General muscle pain (not related to physical effort);
 - Severe fatigue;
 - Important loss of appetite;
 - Sore throat;
 - Diarrhea or vomiting.

It is better for visitors to take their temperature before going to a facility of the CISSS. People who have COVID-19 or who are in mandatory 14-day isolation are not authorized to visit users. Gatherings between visitors and users are not allowed in common areas.

For more information on all measures related to the confinement: <https://www.quebec.ca/en/health/health-issues/a-z/2019-coronavirus/confinement-in-quebec/#c81020>

About COVID-19

If you are worried about COVID-19 or if you show symptoms such as fever, cough or breathing difficulties, you can call **1 877 644-4545**, toll-free. For more information: <https://www.quebec.ca/en/coronavirus>. You can also get more information specific to the region on the website of the CISSS de la Côte-Nord: <http://www.cisss-cotenord.gouv.qc.ca/en/public-health/covid-19/>.

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