

THE NORTH SHORE TURNS BACK INTO A YELLOW ZONE

Baie-Comeau, March 17th, 2021 – Following the announcement that the North Shore will be returning to the alert level 2 – Early Warning (yellow zone), the Centre intégré de santé et de services sociaux (CISSS) de la Côte-Nord wants to inform the population on the adjustments made to the measures in place, starting on March 26th, 2021.

The epidemiological situation is under control in the region, but we must continue to follow the health safety measures to prevent the transmission of COVID-19.

Here are some of the measures in place in yellow zones:

- No more curfew;
- Gatherings in private homes and on private yards are allowed but limited to members of two households;
- People from two households can share a table in a restaurant;
- Places of worship are now limited to a maximum of 250 people (except for funerals and weddings, which are limited to 50 people);
- Teleworking is no longer mandatory, but still recommended.

We also want to note that other restrictions will be relaxed, namely regarding sports and recreational activities, the reopening of bars and craft breweries and certain tourism or recreation sites. The details regarding these will be communicated later this week.

In any case, following the health instructions remains essential. Let us also note that people aged 10 years and over are still required to wear a face covering in interior public places.

“These adjustments are the direct result of your respect of the measures, and for that, we thank you. With the increasing proportion of cases related to variants, the situation remains delicate, and we must stay vigilant if we want the North Shore to remain a yellow zone for several weeks or months. Remain careful, get tested if you have symptoms and get vaccinated when it is your turn,” says Dr. Richard Fachehoun, medical specialist in public health and preventive medicine.

For more information about the coronavirus and the measures in place, visit [Québec.ca/coronavirus](https://quebec.ca/coronavirus).

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