## Press release



## INCREASE IN CASES OF COVID-19 ON THE LOWER NORTH SHORE

**Baie-Comeau, December 17, 2021** – Over the past few days, 21 cases of COVID-19 have been reported on the Lower North Shore. There are currently two active outbreaks: one of eight cases in a primary and secondary school and one of fewer than five cases in a workplace.

Epidemiological investigations are under way and people diagnosed with COVID-19 have received isolation instructions. Even though certain gatherings are allowed, it is recommended that you limit social contacts to prevent the transmission of the virus in the region.

The Centre intégré de santé et de services sociaux (CISSS) de la Côte-Nord reminds you of the importance of following the isolation guidelines in force, including when a person is waiting for a screening test result or when they have been in contact with a confirmed case of COVID-19. Guidelines are available on the website of the CISSS de la Côte-Nord: <u>https://www.cisss-cotenord.gouv.qc.ca/en/public-health/covid-19/guidelines-when-to-self-isolate-covid-19/</u>.

## **Elsewhere on the North Shore**

Cases of COVID-19 have been reported in almost all RCMs on the North Shore in the past few days. There are currently 31 active cases in the region. There are two active outbreaks in Minganie: one of five cases following a social event held at a bar and one of fewer than five cases in a workplace.

The CISSS de la Côte-Nord reminds the population of the importance of making a screening appointment by calling 1 877 644-4545 when symptoms consistent with COVID-19 appear. In this situation, it is recommended that you use the COVID-19 Symptom Self-Assessment Tool available at <a href="https://covid19.quebec.ca/surveys/cdd2/introduction">https://covid19.quebec.ca/surveys/cdd2/introduction</a>.

- 30 -

Source: Pascal Paradis Communication advisor Centre intégré de santé et de services sociaux de la Côte-Nord 418 589-9845, ext. 342268