

GUIDELINES REGARDING VISITS IN FACILITIES OF THE CISSS DE LA CÔTE-NORD AND REMINDER FOR CLSCs

Baie-Comeau, March 15, 2022 – Following the most recent relaxing of health safety measures, the Centre intégré de santé et de services sociaux (CISSS) de la Côte-Nord would like to inform the population of the guidelines that apply when visiting its facilities. Remember that since March 12th, the vaccination passport is no longer required.

Hospitals

In hospitals, two persons may visit a patient at the same time (excluding family caregivers) during usual visiting hours, based on the information available on site or on the [website](#) of the CISSS de la Côte-Nord. However, during an outbreak (COVID-19 or other pathogen) on a unit, restrictions may be implemented to prevent the spread among users, staff members and the community.

Family caregivers are not subject to the same guidelines, because their presence is desired and encouraged throughout the patient's stay, unless the epidemiological situation changes and new measures are implemented.

In all cases, visitors must:

- Wash their hands when entering and leaving the facility, as well as when entering and leaving the room;
- Wear a procedure mask at all times (face covering forbidden);
- Stay two metres away from other people.

Family caregivers, visitors and volunteers who have symptoms consistent with COVID-19, who are waiting for a test result or who have COVID-19 are not allowed in our facilities. Moreover, no one with signs of cough, fever, vomiting or diarrhea should visit our facilities. In some cases, a visit may be authorized on compassionate grounds, including to escort a child, a pregnant woman, or a person in a critical situation or at the end of life.

Guidelines for living environments

In living environments such as CHSLDs, intermediate resources and private seniors' residences (PSR), it is recommended that visits be limited to a maximum of 10 persons (family caregivers or visitors). Family caregivers and visitors must:

- Follow basic health safety guidelines strictly in the living environment;
- Wear a procedure mask as soon as they enter the living environment, in keeping with the current directives;
- Follow the physical distancing recommendation at all times.

A person may visit their loved one more than once during the same day. Family caregivers and visitors who have symptoms consistent with COVID-19, who are waiting for a test result, who have COVID-19 or who must self-isolate cannot be admitted. In the event of an outbreak in a living environment, the guidelines will be adjusted.

CLSC consultations

We want to remind everyone who is served by CLSCs (clinics) in Minganie, on the Lower North Shore and in Schefferville that they still need to call before going to the CLSC, until further notice.

For more information on COVID-19, visit quebec.ca/coronavirus.

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