

RESPECT OF MEASURES IN FACILITIES OF THE CISSS DE LA CÔTE-NORD

Baie-Comeau, December 7, 2022 – The Centre intégré de santé et de services sociaux (CISSS) de la Côte-Nord would like to remind the population of the importance of respecting the measures in place in its facilities, including hospitals, multiservice health and social services centres, CHSLDs, CLSCs and medical clinics.

Given that there are currently outbreaks in certain care environments and that respiratory viruses circulate in the region, infection prevention and control measures must be respected to ensure everyone's safety, especially vulnerable people: use of the procedure mask, hand hygiene, physical distancing, etc. Moreover, no one with symptoms such as cough, fever, vomiting or diarrhea should visit our facilities.

It is also important to respect visiting hours in force in hospitals of the region. For more details, visit <https://www.cisss-cotenord.gouv.qc.ca/en/care-and-services/visiting-hours/>.

Prevention in the community

With office parties taking place and the holidays approaching, the Direction de santé publique encourages the population to wash their hands frequently and to wear a mask in crowded public places.

Moreover, it is recommended that you receive a booster dose of the COVID-19 vaccine five months after your latest dose or three months after your latest dose if you had the disease. The influenza vaccine is highly recommended for those who are more at risk of complications, i.e., people aged 75 years and over, people aged 6 months and over suffering from certain chronic diseases and pregnant women in their second and third trimester of pregnancy. You can make an appointment at clicsante.ca.

Finally, you are asked to stay home if you have fever, and if you have other respiratory symptoms, wear a mask until they disappear and avoid contact with vulnerable people. For more information on respiratory viruses and measures to take when you have symptoms, visit quebec.ca.

The CISSS de la Côte-Nord thanks you for your cooperation.

- 30 -

Source: Pascal Paradis
Assistant to the PED – media relations, communications and corporate affairs (interim)
Centre intégré de santé et de services sociaux de la Côte-Nord
418 589-9845, ext. 252268