

## YOU HAVE FLU-LIKE SYMPTOMS? WEAR A MASK

**Baie-Comeau, September 20, 2023** – The Centre intégré de santé et de services sociaux (CISSS) de la Côte-Nord wants to remind the population that people who visit its facilities and who have flu-like symptoms (such as cough and fever) must wear a mask.

Even though wearing a mask is no longer mandatory in our facilities, it is required for users with flu-like symptoms who need to go to a medical appointment or to the emergency department. We recommend not to visit a user if you have symptoms.

Here are your options if you have a non-urgent health problem:

- Info-Santé/Info-Social 811: Telephone assessment by a nurse or social worker to receive advice or be directed to the most appropriate service to meet your need.
- Make an appointment with your family physician.
- Primary care access point (GAP): For users without a family physician, call 811, option 3.

### Do you need to be screened for COVID-19?

If you are part of the [target population for screening](#), you can make an appointment by calling 1 844 407-0967 or by visiting [Clic Santé.ca](#). Otherwise, you can obtain a rapid screening test in our [screening and vaccination clinics](#).

If you are concerned and have questions about your condition or that of a loved one, you can call Info-Santé at 811 at all times to receive advice or you can consult [Québec.ca](#).

- 30 -

Source: Jean-Christophe Beaulieu  
Communications advisor  
Centre intégré de santé et de services sociaux de la Côte-Nord  
418 962-9761, ext. 414009