

START OF THE VACCINATION CAMPAIGN AGAINST RESPIRATORY VIRUSES

Baie-Comeau, October 10, 2024 – The fall vaccination campaign against respiratory viruses (COVID-19 and influenza) will start on October 16th, in the vaccination clinics of the Centre intégré de santé et de services sociaux (CISSS) de la Côte-Nord and in Indigenous health centres.

Vaccination is available by appointment only, and you can make one on [Clic Santé](#) or by telephone at 1 844 407-0967. Vaccines against COVID-19 and influenza can be received at the same time. When making an appointment, you will be asked to specify which vaccine(s) you want to receive.

Both vaccines are strongly recommended for people who are part of groups at risk of complications, and for those who are around them and who care for them:

Influenza

- Residents of all ages living in CHSLDs and in intermediate resources for seniors;
- People aged 75 years and over;
- People aged 6 months and over suffering from certain chronic diseases;
- Pregnant women who suffer from a chronic disease or who have been pregnant for 13 weeks or more;
- People living in remote and isolated communities (Minganie, Lower North Shore, Fermont, Schefferville, Kawawachikamach), with priority to those with high risk of complications;
- People living with someone who is at high risk of complications;
- Health care workers.

COVID-19

- People living in a CHSLD, a private seniors' residence (PSR) or group settings with a high proportion of seniors and vulnerable people;
- People aged 60 years and over;
- Immunocompromised people, people on dialysis and people with a chronic disease who are aged 6 months and over;
- Pregnant women;
- Health care workers;
- Adults living in remote and isolated communities (Minganie, Lower North Shore, Fermont, Schefferville, Kawawachikamach).

Appointment booking for the general population will start on October 16th. Both vaccines are offered free of charge to everyone who wants to be protected.

To find out the locations and dates of the vaccination clinics, the population is invited to consult the [website](#) and the Facebook page of the CISSS de la Côte-Nord.

Vaccination against the respiratory syncytial virus (RSV) will be also be offered free of charge, directly in targeted residences, with priority to the most vulnerable users.

.../2

Avoid spreading respiratory viruses

With the presence of respiratory viruses in the region, whether influenza or COVID-19, the measures to avoid transmission remain the same. Confirmation with a screening test is no longer necessary, unless you are eligible for a [treatment](#).

In order to limit the spread of viruses and to protect vulnerable people, the population is asked to follow prevention measures, including handwashing or, in the presence of symptoms, limiting contacts with other people and wearing a mask during social interactions. In the presence of fever, staying home is recommended.

For more information about the vaccination campaign against respiratory viruses, visit [Québec.ca](http://Quebec.ca).

- 30 -

Source: Pascal Paradis
Communications advisor
Centre intégré de santé et de services sociaux de la Côte-Nord
418 589-9845, ext. 252268