

# PERSONAL PROTECTIVE EQUIPMENT (PPE)

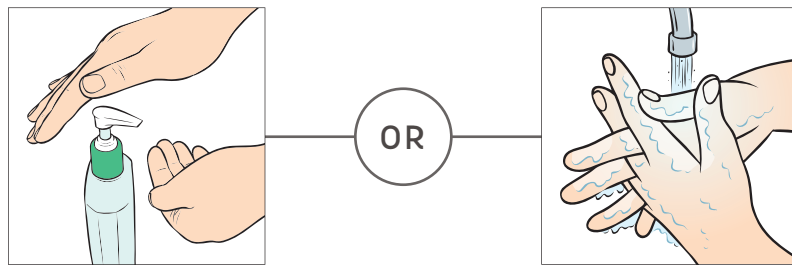
For some pathogens, PPE may be augmented and the procedure modified.

## SEQUENCE FOR PUTTING ON PPE

### PREPARATION

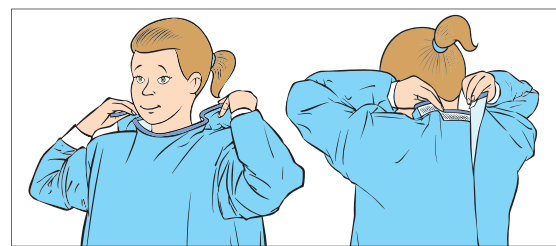
- › Check to make sure PPE is in good condition and the correct size.
- › Remove jewelry, tie back long hair.

### PERFORM HAND HYGIENE



## 1 GOWN

- › Don gown, fasten at back of neck and waist.

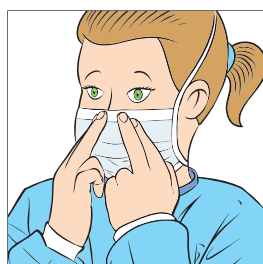


## 2 MASK

- › Place mask or mask with face shield on face, covering the nose and chin, and fasten.



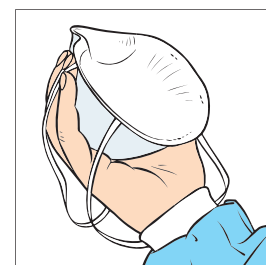
- › Mold nose strip to bridge of nose.



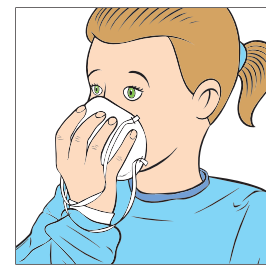
OR

### RESPIRATOR

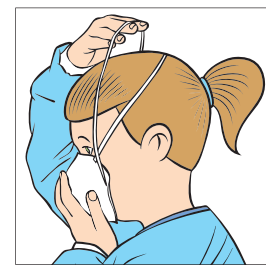
- › Cup the respirator in your hand, letting the straps hang.



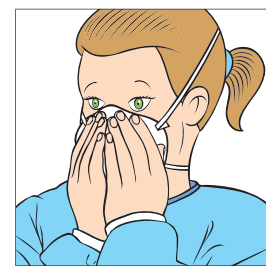
- › Place respirator over nose and chin.



- › Grasp top strap and place on crown of head; grasp bottom strap and place on neck below hairline.

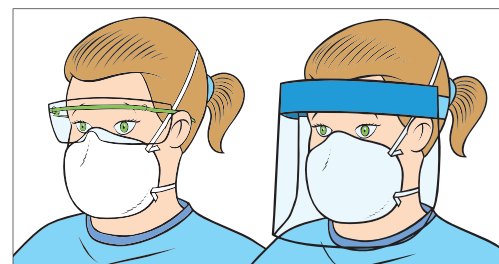


- › If there is a nose strip, mold it to nose and test the seal of the respirator.



## 3 EYE PROTECTION

- › Don goggles or face shield.



## 4 GLOVES

- › Don gloves, extend to cover wrist of gown.



## SEQUENCE FOR REMOVING PPE

## 1 GLOVES

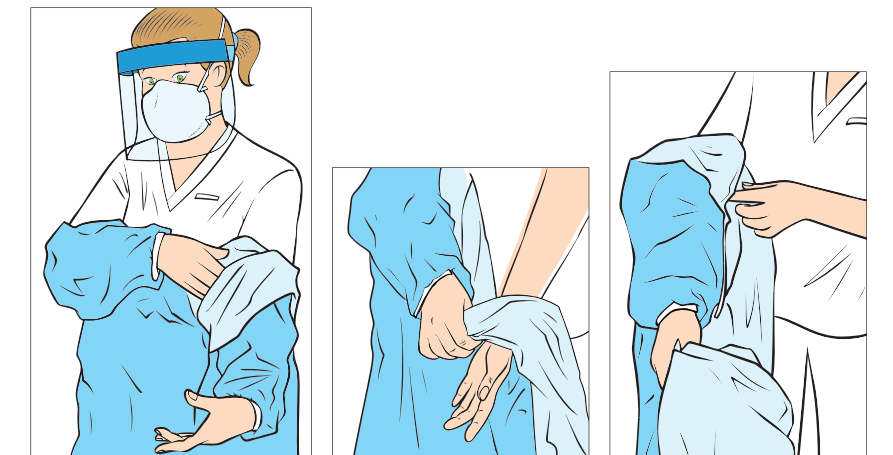
- › Using a gloved hand, pinch palm area of the other gloved hand.
- › Peel downwards, towards the fingers, turning the glove inside out.
- › Hold removed glove balled up in the gloved hand.
- › Slide two fingers under wrist of the remaining glove, do not touch the outside surface.
- › Pull glove downward from the palm toward fingers, turning it inside-out over the first glove.
- › Discard gloves in waste container.



### PERFORM HAND HYGIENE

## 2 GOWN

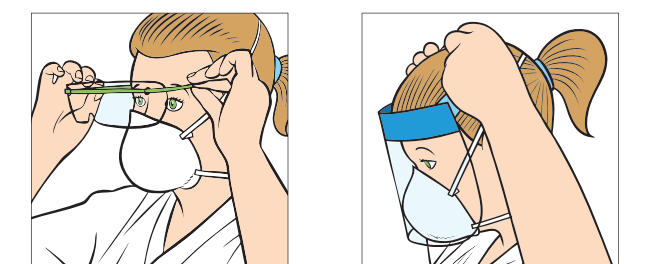
- › Unfasten the gown without contaminating yourself.
- › Grasp the back of the gown at the neck and pull it toward the front.
- › Grasp the inside of one sleeve and slide it down without touching the outside surface to free hand.
- › With your free hand, remove the other sleeve the same way.
- › Roll the gown into a bundle without touching the outside surface.
- › Discard in waste container.



### PERFORM HAND HYGIENE

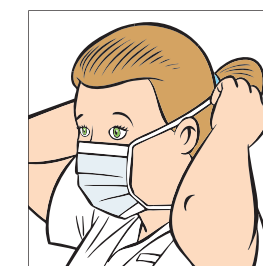
## 3 EYE PROTECTION

- › Remove goggles or face shield by handling the sides or back, do not touch the front.
- › Discard according to facility policy.



## 4 MASK

- › To remove the mask, unfasten the bottom and top straps (or grasp elastic straps).
- › Pull the mask forward using the straps, do not touch the mask surface.
- › Discard in waste container.

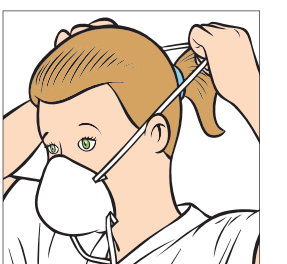


OR

### RESPIRATOR

#### PERFORM HAND HYGIENE AND LEAVE THE ROOM

- › To remove the respirator, lean forward, pulling first the bottom strap, then the top strap over your head, do not touch the front of the respirator.
- › Discard according to facility policy.



### PERFORM HAND HYGIENE