

TEETHING

HERE ARE SOME OF THE **POSSIBLE** SYMPTOMS:

- Excessive drooling;
- Need to chew on something;
- o Red or irritated skin on the face:
- Moodiness;
- Food refusal;
- o In some babies, a blue swelling (also known as an eruption cyst) may appear on the gum up to two months before the tooth breaks through. This cyst usually needs no treatment.
 - * These symptoms may go unnoticed in some infants.



DO NOT IMMEDIATELY ASSUME THAT THE FOLLOWING SYMPTOMS ARE RELATED TO TEETHING:

- Fever (<u>rectal temperature over</u> 38.0 °C or 100.4 °F);
- o Diarrhea or vomiting (gastroenteritis);
- Redness on the buttocks.





SUGGESTIONS TO RELIEVE YOUR BABY'S DISCOMFORT:

- Give your baby a clean washcloth soaked in cold water;
- o Give your baby a teething ring. You can cool the teething ring in the refrigerator, but do not freeze it (mouth injury hazard);
- Rub your baby's gums with a clean finger;
- Give your baby acetaminophen (e.g., TempraTM, TylenolTM), if needed.





PRODUCTS TO AVOID:

- Teething necklaces (choking or strangulation hazard);
- Teething syrups and gels (contain an harmful ingredient);
- o Teething biscuits (do not relieve your baby's discomfort and contain sugar);
- Certain pieces of raw fruit or vegetables (choking hazard).

IF YOUR CHILD HAS SIGNIFICANT DISCOMFORT, CONTACT A HEALTH CARE PROFESSIONAL.

YOU CAN ALSO CONTACT INFO-SANTÉ AT ANY TIME BY DIALING 811.

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