

Prenatal meetings

Module 1: Everyday life during pregnancy

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[To know more](#) (In French)

You have questions?

If you have questions about the subjects covered in these capsules, contact your local perinatology team.

Haute-Côte-Nord:
418 233-2931, ext. 0

Manicouagan:
418 296-2572, ext. 0

Port-Cartier:
418 766-2572, ext. 443334

Sept-Îles:
418 962-2572, ext. 414120

Minganie:
418 538-2212, ext. 0

Lower North Shore:
418 461-2144, ext. 0

Caniapiscau:
418 287-5461, ext. 0