



# BOARD ROOM NEWS

April 13, 2016  
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## CONTINUUM OF SERVICES TO SENIORS

The Director of the program supporting the autonomy of seniors (SAPA), Ms. Dyane Benoît, has presented the SAPA transformation plan for 2015-2017 comprised of the following six intervention axis points which contain 30 measures:

- Eliminate the accommodation waiting period on short term care units;
- Intensify long-term home care support;
- Reduce the use of institutional accommodations;
- Improve the quality of life in the long term care facilities (LTCU);
- Implement the approach adapted to the elderly;
- Structure the regional inter-sectorial and territorial partnership.

Last February, the Centre intégré de santé et de services sociaux (CISSS) de la Côte-Nord announced the creation of a Regional Inter-sectorial Strategic Committee, particularly involving representatives of users and their families, community organizations, municipalities, the Table de concertation des aînés de la Côte-Nord and physicians. The Territorial Strategic Committees will also be deployed.

The objective is to mobilize the milieu to improve the integration of services to seniors in the region in order for seniors to remain at home and to offer services adapted to their needs at the right time and by the right person.

## POLICY ON USE OF SOCIAL MEDIA

The Board of Directors adopted the Policy on Use of Social Media for the CISSS de la Côte-Nord, that aims to ensure a proper and respectful use of the social media by any person exercising functions or professions within the establishment.

This policy is not intended to prohibit any form of interaction or communication on social networks, but rather a guide for usage. The CISSS wishes to avoid unfortunate events that may affect or damage its image or any person concerned, whether a user, an employee or any other person who exercises their function or profession. The CISSS de la Côte-Nord is active on Facebook, and this, since July 2015. Its' page has more than 2000 subscribers.



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**Next Board meeting:**

Tuesday, June 14, 2016

## PROGRAMS FOR MENTAL HEALTH, ADDICTIONS AND THE HOMELESS

At the request of the Ministère de la Santé et des Services sociaux, the CISSS de la Côte-Nord has developed a plan to be implemented for years 1 and 2 from the Mental Health Action Plan 2015-2020. Some measures are provincial while others are related to the regional priorities of the CISSS. Among the measures that were identified:

- Set up a Working Committee on combatting the stigma with people using mental health services, their entourage, community organizations and stakeholders in the public network;
- Develop an activity calendar to combat the stigma and a communication plan;
- Implement a mechanism to systematically inform the entourage about the services offered by the associations for family and friends of the person with mental illness;
- Animate the local mental health concertation tables;
- Define systematic procedures and standardize follow-ups of files and collaboration with the family physicians and other treating physicians.

**«THE PLAN INCLUDES MEASURES TO BE IMPLEMENTED THROUGHOUT THE CISSS WHILE OTHERS ARE RELATED TO REGIONAL REALITIES.»**

### APPOINTMENT AT THE RDGM

At the end of the nomination period, three physicians were elected without competition to the Regional Department of General Medicine (RDGM): Dr. Roger Dubé (Baie-Comeau), Dr. Julie Léger (Sept-Îles) and Dr. Claudette Viens (Les Bergeronnes). Another member will be appointed in order to replace Dr. Christian Mercier (Fermont), whose mandate ended in March 2016.

### APPOINTMENT TO THE AUDITS COMMITTEE

Ms. Patricia Huet, independent member, was appointed as President of the Audits Committee of the CISSS de la Côte-Nord following a recommendation from the Audits Committee.

The chairmanship of this Committee must be carried out by an independent member of the Board of Directors.

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*Should you require further information about any of the covered topics, please contact the Communication department at **418-589-9845, extension 2268.***

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