



BOARD ROOM NEWS

June 14th, 2016
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REPORT ON END OF LIFE CARE POLICY

The report from the President-executive director on the application of the End-of-life care policy reveals that a request for medical assistance to die has been formulated and administered in the region following its' entry into force on December 10th, 2015 of the Act respecting end-of-life care.

We have also learned that there were 14* persons hospitalised on short term care units for in End-of-life palliative care and 81* persons in residential and long term care facilities, and this, between December 10th, 2015 and June 10th, 2016. During this same period, 177* persons people have received such care at home, while 115 received care in a palliative care hospice. Finally, the report also indicated that there were three continuous administrations of palliative sedations, meaning, the administering of medications or substances to an end-of-life patient to relieve their suffering by rendering them unconscious without interruption until death ensues.

Each year, the President-executive director of the Centre intégré de santé et de services sociaux (CISSS) de la Côte-Nord must deposit a report to the Board of directors and the Commission for the End-of life care concerning the application of this policy within the establishment.

For the first two years following the entry into force of the Act, the report is deposited every six months, thus in June 2016 and in December 2016, in June 2017 and in December 2017. The first report can be viewed on the CISSS Web site at the following address www.cisss-cotenord.gouv.qc.ca, in the Documentation section.

* Note that the data currently collected on the number of persons in End-of-life palliative care in the CISSS facilities are not exhaustive because they are recorded differently from one facility to another. This will be corrected in the next report in December 2016.

REGIONAL END-OF-LIFE PALLIATIVE CARE POLICY

The Board of Directors adopted the *Regional policy on End-of-life palliative care* which aims to ensure persons at the end-of-life that the care is respectful of their rights and their dignity; it determines the general conditions of access to care and defines the roles and responsibilities of the various stakeholders involved.

The policy was the subject of a consultation with the Council of physicians, dentists and pharmacists (CPDP), Council of Nurses (CII) and the Multidisciplinary council (CM).

Beds are reserved for palliative care in the facilities of the CISSS de la Côte-Nord, either in the short term care units or long term care residences as well as in two palliative care hospices in the region, which are La Vallée des Roseaux in Baie-Comeau and L'Élyme des Sables in Sept-Îles.



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**Next meeting
of the Board of
Directors**

Wednesday, September 28th, 2016

CISSS FINANCIAL REPORT 2015-2016 AND BUDGET 2016-2017

The CISSS de la Côte-Nord has completed its first year of existence with a deficit of \$4,1 M in March 2016. Different measures were implemented within the plan to return to a balanced budget (PRBB) which have permitted a reduction in the anticipated deficit, without touching services to the population and in maintaining all of the CISSS facilities on the territory. Significant savings have been achieved during the year, including a reduction of \$3 M in independent manpower, expenditures in General Administration of \$500,000 and \$400,000 in travel costs. The PRBB deposited in January 2016, will continue to apply this year.

Budget 2016-2017

The budget for 2016-2017 provides for total optimization of \$4 389 300, while \$12 M cuts were anticipated. Moreover, the CISSS will receive \$2 M in additional revenues, notably for medications and medical supplies.

The CISSS is confident of achieving balanced budgets for March 31st, 2017, by implementing certain measures. An additional reduction of \$1,7 M in the independent workforce is anticipated. A savings of \$1,1 M will be realised with the departure or replacement of managers. Last year, 60 managers were replaced with 24 remaining. A reduction in administrative expenditures in three departments are expected to save about \$1,2 M that include professional fees from law firms, which now will be assumed internally. Group purchases will also reduce expenses of more than \$400 000.

Seven measures of administrative reorganization must be approved by the Ministry of Health and Social Services (MSSS). The most outstanding measure concerns the optimization of transport costs for users with medical appointments. The objective is to better coordinate and standardize displacement in order to improve functioning for the users.

ADOPTION OF THE MANAGEMENT AGREEMENT FOR 2016-2017

The Board of Directors has adopted the management agreement for 2016-2017, that specifies the requirements of the MSSS regarding guidelines to give to service networks and its evaluation. It is a contract between the Minister and the CISSS de la Côte-Nord on the provision of services deployed on the territory to meet the health and well-being needs of its population on the basis of human and financial resources put at its disposal.

ADDRESS MODIFICATION OF THE ADMINISTRATIVE CENTRE OF THE CISSS DE LA CÔTE-NORD

As of June 20th, 2016, the main entrance of the administrative centre will be located at 835, boulevard Jolliet in Baie-Comeau instead of 691, rue Jalbert. Previously, the Agence de la santé et des services sociaux de la Côte-Nord and the Centre de protection et de réadaptation de la Côte-Nord (CPRCN) each had their own reception service area while sharing the same building. To optimize resources, it was decided to have only one reception service. The current administrative centre reception service, is located at 691, rue Jalbert. Therefore, it will be merged with the Youth protection services as of June 20th, 2016. In light of this, a request has been made to the MSSS to amend the licence for the CISSS de la Côte-Nord.

REPRESENTATIVE AT THE BOARD OF DIRECTORS OF L'APPUI CÔTE-NORD

Ms. Sandra Côté, SAPA program manager by interim (senior autonomy support program) was designated to represent the CISSS de la Côte-Nord at the Board of Directors of L'APPUI Côte-Nord. L'APPUI Côte-Nord is a regional support organisation for caregivers.

POLICY OF PROMOTING CIVILITY AND THE PREVENTION OF HARASSMENT AND VIOLENCE IN THE WORKPLACE

The administrators adopted the *Policy of promoting civility and the prevention of harassment and violence in the workplace*. This policy defines and communicates ways in order to promote civility and respect in the workplace, prevent harassment and violence, and put an end to any situation likely to commence. It succeeds the policies previously developed on the subject in the facilities of the du CISSS de la Côte-Nord.

This policy is written in respect of the Act respecting labour standards, collective agreements in force, recognized standards by certified bodies in accreditation matters. It applies to all persons that are contributing to the achievement of the mission of the CISSS de la Côte-Nord and finds themselves on its premises (ex. : users, visitors, suppliers, sub-contractors, partners, etc.) and those that have relations with people from the outside within their work during professional and social activities. It also applies in all situations that have a link with work, at work sites or outside of the usual work places as well as during inappropriate usage of information technology, and this, regardless of where the author of the wrongful conduct is found (ex. : social network, blog, text messaging).

« THE CISSS DE LA CÔTE-NORD RECOGNIZES THE IMPORTANCE OF MAINTAINING A HEALTHY WORKPLACE, FREE OF HARASSMENT AND VIOLENCE IN ALL ITS FORMS. »

COMMUNITY ORGANISATIONS

For the financial year 2016-2017, 103 organisations may be supported by the Support Program for Community Organisations (PSOC), that represents a total amount of \$11,2 M. That include an indexing of 1,2 % with approval from the MSSS.

YOUTH PROTECTION

Ms. Annie Lapointe, Head of youth protection, is designated to replace the Director of the youth protection, Ms. Marlene Gallagher, in case of absence or impediment. This designation is governed by the Board of Directors of the CISSS.

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This newsletter is produced by the Centre intégré de santé et de services sociaux de la Côte-Nord. It highlights the decisions taken during the meetings of the Board of directors.

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*Should you require further information about any of the covered topics, please contact the Communication department at **418-589-9845, extension 2268.***

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