

# BOARD ROOM NEWS

Newsletter from the Board of directors – CISSS de la Côte-Nord

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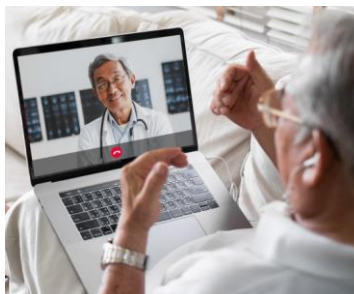
North of all  
what we can become

## BOARD OF DIRECTORS ADOPTS TELEHEALTH POLICY

The Board of directors adopted the telehealth policy for the Centre intégré de santé et de services sociaux (CISSS) de la Côte-Nord. Its purpose is to establish guidelines for the use of telehealth within the institution and the implementation of new telehealth services.

The goal is to ensure quality services that respect current standards of practice for users. Among other things, telehealth can allow users to receive certain services at a distance without having to travel.

For more information on telehealth, please visit the Web site of the [CISSS de la Côte-Nord](#).



2023-2024 Financial report of the CISSS de la Côte-Nord p. 2

Committee for sustainable development and respect for the environment p. 2

Easement granted to Hydro-Québec p. 2

*Telehealth is an activity that uses communication and information technologies to provide health care and social services at a distance in real time or not.*

## REPORT ON END-OF-LIFE CARE

The annual report from the CISSS de la Côte-Nord President and Executive Director on end-of-life care was presented during the public meeting. Between April 1<sup>st</sup>, 2023 and March 30, 2024, 40 medically assisted death requests were processed in the region as opposed to 45 the previous year.

During the course of this period, 272 people received palliative and end-of-life care at home, 246 received the same care at a palliative care centre, 151 at a residential long-term care facility (CHSLD) and 146 at a short-term hospital.

Since the Act respecting end-of-life care entered into force in December 2015, a report on the implementation of the policy on end-of-life care must be filed every year to the Board of directors and the Commission on end-of-life care. Different documents on this subject, including the Regional policy on end-of-life care and the reports filed since June 2016, are available on the Web site of the [CISSS de la Côte-Nord](#).

**Next meeting of the Board:**  
September 18, 2024



Québec 

## 2023-2024 FINANCIAL REPORT OF THE CISSS DE LA CÔTE-NORD

The CISSS de la Côte-Nord ended the 2023-2024 financial year with a deficit of \$143,833,723. This deficit situation is largely due to the use of independent workers which reached \$176.9M during this period.

Other elements also contributed to this result, including a significant amount in interest fees, expenses related to overflow units and certain unfunded expenses.

In addition, the 2023 financial report on Occupational health presented a surplus of \$378,948. The CISSS de la Côte-Nord is mandated to dispense occupational health services which are subsidized by the CNESST (labour standards, pay equity and occupational health and safety).

## COMMITTEE FOR SUSTAINABLE DEVELOPMENT AND RESPECT FOR THE ENVIRONMENT

The Committee for sustainable development and respect for the environment is now in place at the CISSS de la Côte-Nord. Composed of a dozen persons from different department, this committee will be in charge of establishing a sustainable development policy, and managing initiatives aimed at reducing greenhouse gas emissions (GGE) and eliminating waste.

Over the last few years, the CISSS de la Côte-Nord has already carried out projects that have reduced certain sources of air emissions.

Under the Sustainable Development Act, ministries and organizations must adopt a sustainable development plan. Even though health care and social services institutions are not targeted by this act, the health care and social services minister has asked institutions to establish a sustainable development committee all the same.

## EASEMENT GRANTED TO HYDRO-QUÉBEC

The CISSS de la Côte-Nord granted an easement (right of way) to Hydro-Québec for the installation of structures required in the electrical connection of the senior and alternative housing in Havre-Saint-Pierre. Located in front of the St. Lawrence River, the home will accommodate 48 residents in a building that is on promenade des Anciens.

There will be 19 places for seniors experiencing loss of autonomy, 5 places for adults with a physical, intellectual or autism spectrum disorder disability and finally, 24 places operated by the Corporation des aînés de la Minganie for autonomous and semi-autonomous seniors.



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